Resource 3

Tips for Parents and Families

Use these suggested activities to help you support your child with school.

- Make sure your child goes to school every day. Support community efforts to keep children safe and off the street late at night.
- Commit yourself to high standards and set high expectations for your child. Challenge your child in every way possible to reach his/her full potential.
- Familiarize yourself and your child with the New Mexico Content Standards that describe by grade level, what students should know and be able to do.
- Stay in touch with your child’s teacher. Ask about homework expectations, what they are studying and how you can support your child’s learning at home.
- Praise your child for doing well. Make praise a habit.
- Limit television viewing on school nights, even if that means that the remote control may have to disappear.
- Read together. It is the foundation of all learning.
- Make sure your child takes challenging courses at school and schedule daily time to check homework.
- Take the extra time to model learning with the family. Commit yourself to learning something with your child. You will be rewarded by the shared effort.
- Set a good example and talk to your child, especially your teenagers, about the dangers of tobacco, drugs and alcohol and the values you want your child to have. Such personal talks, however uncomfortable you may feel, may save relationships and lives.